



SAFETY DATA SHEET

Date of preparation: 24.10.2022 r.

Update date: 22.12.2025 r.

Version: 1.3/EN

s. 1 z 7

Prepared in accordance with Regulation EC 1907/2006 (REACH), and 2020/878/EU.

SECTION 1: Identification of the substance/mixture and the company/undertaking

1.1. Product identifier

Trade name:	Compressed Helium
Chemical name:	Helium
CAS number:	7440-59-7
WE number:	231-168-5

1.2. Relevant identified uses of the substance or mixture and uses advised against

Use	Inert gas used for: <ul style="list-style-type: none">- creating a protective atmosphere (no reactivity),- production of mixtures with oxygen used in diving at great depths,- filling flying balloons,- maintaining pressure in the rocket fuel tanks and supersonic wind tunnels;- gas chromatography as a carrier gas;- semiconductor production.
Scope of use:	Product is available for professional use only

1.3. Details of the supplier of the safety data sheet

Name	ORLEN Spółka Akcyjna – Oddział Upstream Polska w Odolanowie
Address	63-430 Odolanów, ul. Krotoszyńska 148
Tel	(62) 736 44 41
Fax	(62) 736 59 89
Person responsible for the safety data sheet	janusz.brzezicha@pgnig.pl

1.4. Emergency telephone number

112 - General emergency number

SECTION 2: Hazards identification

2.1. Classification of the substance or mixture.

Press. Gas H280

Contains gas under pressure; may explode if heated.

2.2. Label elements

Hazard pictogram and signal word



WARNING

Hazard statements

H280 Contains gas under pressure; may explode if heated.

Precautionary statements

P410 + P403 Protect from sunlight. Store in a well-ventilated place.

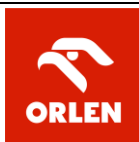
2.3. Other hazards

The substance does not meet the PBT or vPvB criteria according to Annex XIII of the REACH Regulation.

The substance is not deemed as substance with endocrine-disrupting properties.

Possibility of unsealing of containers - the gas has a suffocating effect on people by displacing oxygen from the air. Too low concentration of oxygen in the air can lead to unconsciousness and death (see section 11).

Expanding violently compressed gas causes significant lowering of temperature and may use thermal skin and eye damage.



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SECTION 3: Composition/information on ingredients

3.1. Components

Name: Compressed Helium
CAS number: 7440-59-7
WE number: 231-168-5
Index number: -
Registration number: The substance does not require

3.2. Mixtures

Not applicable – the product is a substance.

SECTION 4: First aid measures

4.1. Description of first aid measures

Inhalation

Remove the victim to fresh air, in a non-cooled place. If symptoms occur, call a doctor immediately. If breathing disorders occur, apply artificial respiration. Properly trained persons should give the injured person oxygen. Provide the injured with warmth and conditions for rest.

Skin contact

In case of skin injury caused by expanding violently gas, put a sterile dressing and seek medical advice.

Eye contact

In case of eye injury caused by expanding violently gas, put a sterile dressing and immediately seek eye specialist advice – provide victim with specialist medical attention.

Ingestion

Not applicable.

4.2. Most important symptoms and effects, both acute and delayed

The gas may cause asphyxiation, inhalation may cause a feeling of breathlessness, breathing difficulties, pain and dizziness, high gas concentrations confusion, nausea, fainting, unconsciousness, death. Expanding violently compressed gas causes significant lowering of temperature and may cause thermal skin and eye damage.

4.3. Indication of any immediate medical attention and special treatment needed

ATTENTION! Place the unconscious patient in the recovery position, keep the poisoned at rest, protect against heat loss, control breathing and pulse. Never induce vomiting or give anything by mouth to an unconscious or dizzy person.

In the event of any alarming symptoms, call a doctor immediately or take the victim to the hospital.

SECTION 5: Firefighting measures

5.1. Extinguishing media

Suitable extinguishing media: select depending on the burning area (helium is non-flammable gas).

Unsuitable extinguishing media: do not use water jets, do not direct water at the source of the leak.

5.2. Special hazards arising from the substance or mixture

Cylinders and installations containing compressed gas may explode when exposed to fire or high temperatures.

5.3. Advice for firefighters

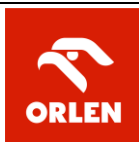
Shut off the gas supply (if possible). Remove cylinders from the area at risk of fire, if it is possible without endangering life or health of rescuers, cylinders and tanks already exposed to fire or high temperatures may explode - cool them with a spray of water from a safe distance, do not direct water directly at the valves. Extinguish fire from behind covers protecting against explosion effects.

Special protective equipment for firefighting personnel:

Special firefighting clothing and footwear, fire helmet with a visor, protective goggles, protective gloves, breathing apparatus isolating the respiratory system with an independent air supply.

SECTION 6: Accidental release measures

6.1. Personal precautions, protective equipment and emergency procedures:



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SECTION 6: Accidental release measures

Evacuate people and animals from the endangered area. Control the oxygen content in the air in the area or in the room where the leak has occurred. If the oxygen content is too low (below 18% vol.) use breathing apparatus with an independent air source. Do not inhale the gas. Avoid direct contact with expanding gas. Ensure supply of fresh air to the rooms.

6.2. Environmental precautions

In case of release of large quantities of the product, notify local authorities and chemical rescue.

6.3. Methods and material for containment and cleaning up

If possible, stop the leak (shut off the flow). Gaseous helium is lighter than air - in the open, the gas will spread through the atmosphere.

6.4. Reference to other sections

Personal protection measures – see Section 8.

SECTION 7: Handling and storage

7.1. Precautions for safe handling

When working with the product, observe the general principles of hygiene and safety and health at work, and observe the precautionary measures applicable to any work with compressed gases (see section 15).

Before starting work, familiarize yourself with the special precautions and hazardous properties of the substance, taking into account the rules of conduct in case of fire and providing pre-medical aid.

Be careful with all manipulations (pressure reduction, cables disconnection), inspect valves and hoses for filling, emptying containers.

Apply recommended personal protection measures. Avoid gas release to the environment.

7.2. Conditions for safe storage, including any incompatibilities:

Store in tightly closed containers, in cool, well-ventilated, closed and marked places, away from heat sources and other flammable substances (see section 15), protect against unauthorized access, protect cylinders, tanks, installations against mechanical damage and heating (heat sources, sunlight). Use containers, lines and valves suitable for storing compressed helium. Pressure tanks must meet the requirements of technical inspection and are subject to periodic tests. The cylinders should be stored in an upright position. The warehouse must be equipped with firefighting equipment in accordance with the ensuing rules from the fire safety instructions.

7.3. Specific end use(s): No information on uses other than those mentioned in subsection 1.2.

SECTION 8: Exposure controls/personal protection

8.1. Control parameters

The product does not contain substances with specific values of the highest permissible concentrations at the workplace at the UE level.

Legal Basis: Commission Directive 2006/15/EC, 2000/39/EC, 2009/161/EC, 2017/164/EU, 2019/1831/EU.

8.2. Exposure controls

Appropriate engineering controls

Use adequate ventilation, in case of insufficient ventilation respiratory protection measures with an independent air source. Periodically check the tightness of the containers and the technical condition of the facilities, ventilation systems, and protection against the release of the substance into the environment. Monitor the oxygen content, especially in the case of work in closed rooms.

Personal protection

Observe the general precautionary measures (see section 7).

Do not inhale the gas.

The necessity to select and use relevant personal protection appliances should take into consideration the type of risk posed by the product, workplace conditions, and the nature of interaction with the product. The personal protective appliances must comply with requirements stipulated by the Regulation (EU) 2016/425 and by the relevant standards.

The employer must provide all the necessary protective appliances relevant for the particular jobs on site and meeting all quality requirements, their maintenance and cleaning included. Any contaminated or damaged personal protection appliance must be replaced immediately. Industrial and professional body hygiene.

Eye / face protection: protective goggles in a sealed casing or face shields in accordance with the relevant standard.

Hand and body protection: use protective gloves when manipulating containers with compressed gas. Normal work clothes.

The glove material has to be impermeable and resistant to the product. The choice of the material for protective gloves should be made taking into account the breakthrough times, the rate of penetration and degradation. Moreover, the selection of the appropriate gloves does not only depend on the material, but also on other quality characteristics and varies from manufacturer to manufacturer. The exact break through time should be obtained from the glove manufacturer and must be observed.

Respiratory tract protection: in cases where the oxygen concentration falls below 18%, use devices with an independent air supply.



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SECTION 8: Exposure controls/personal protection

Thermal hazards: Violently expanding compressed gas causes a significant reduction in temperature and can cause thermal damage to the skin or eyes.

Environmental exposure controls

Periodically check the tightness of installations and tanks as well as the technical condition of protection against release to the environment.

SECTION 9: Physical and chemical properties

9.1. Information on basic physical and chemical properties

Physical state:	gas compressed
Colour:	colorless
Odour:	odorless
Melting point/freezing point:	-272.2 ° C (under pressure 2.6 x 10 ⁴ hPa)
Boiling point or initial boiling point and boiling range :	-268.9°C
Flammability:	non - inflammable gas
Lower and upper explosion limit:	not applicable
Flash point:	not applicable
Auto-ignition temperature:	not applicable
Decomposition temperature:	not applicable
pH:	not applicable
Kinematic viscosity:	not determined
Solubility:	very slightly soluble in water, about 1.5 mg / l (20 ° C)
Partition coefficient n-octanol/water (log value):	0.28
Vapour pressure:	not applicable
Density and/or relative density:	0.1785 x 10 ⁻³ g / cm ³ (0 ° C, 1013 hPa) - gas lighter than air
Relative vapour density:	not applicable
Particle characteristics:	not applicable

9.2. Other information

Critical temperature: -267.9°C

SECTION 10: Stability and reactivity

10.1. Reactivity: The product is considered non-reactive. Not prone to hazardous polymerization.

10.2. Chemical stability : substance is stable under normal conditions of use and storage.

10.3. Possibility of hazardous reactions: no information regarding hazardous reactions.

10.4. Conditions to avoid : high temperature (absolutely avoid temperatures above 50 ° C), heating containers with compressed gas (possibility of explosion and bursting of the container); unsealing of containers.

10.5. Incompatible materials: no information on incompatible materials.

10.6. Hazardous decomposition products : no information on hazardous decomposition products.

SECTION 11: Toxicological information

11.1. Information on the hazard classes defined in Regulation (EC) No 1272/2008

Acute toxicity

Helium is a physically asphyxiating gas - it is not toxic, but it has a suffocating effect by displacing oxygen from the surrounding air. In case of inhalation exposure, shortness of breath, breathing difficulties, headaches and dizziness, fainting may occur, at high gas concentrations (when the oxygen concentration drops to 18% and below), orientation disorders (preventing the victim, e.g. from properly assessing the risk and finding the exit from the room) , nausea, vomiting, unconsciousness, death.

Skin corrosion/irritation

Helium is not irritating to skin. Expanding violently compressed gas causes a significant lowering of temperature and can cause thermal



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SECTION 11: Toxicological information

damage to the skin.

Serious eye damage/irritation

Helium is not irritating to eyes, but expanding violently compressed gas causes significant lowering of temperature and may cause thermal eye damage.

Respiratory or skin sensitisation

The classification criteria in accordance with CLP are not met.

Germ cell mutagenicity

The classification criteria in accordance with CLP are not met.

Carcinogenicity

The classification criteria in accordance with CLP are not met.

Reproductive toxicity

The classification criteria in accordance with CLP are not met.

STOT-single exposure

The classification criteria in accordance with CLP are not met.

STOT-repeated exposure

The classification criteria in accordance with CLP are not met.

Aspiration hazard

The classification criteria in accordance with CLP are not met.

Symptoms related to the physical, chemical and toxicological characteristics

The gas is suffocating, inhalation may cause a feeling of breathlessness, breathing difficulties, and pain and dizziness, high gas concentrations confusion, nausea, fainting, unconsciousness, death. Expanding violently compressed gas causes a significant drop in temperature and can cause thermal damage to the skin and eyes.

Delayed and immediate effects as well as chronic effects from short and long-term exposure

No data.

11.2. Information on other hazards

Endocrine disrupting properties

The substance is not deemed as substance with endocrine-disrupting properties

Other information

Not applicable.

SECTION 12: Ecological information

Helium is an inert gas contained in trace amounts in the atmospheric air.

It is not harmful in the aquatic environment, and in the soil its unfavorable effect comes down to displacing oxygen.

12.1. Toxicity: The product is not classified as hazardous to the environment.

12.2. Persistence and degradability: the substance is durable, it does not decompose, it is inactive in the environment, does not undergo chemical reactions.

12.3. Bioaccumulative potential: it does not accumulate in organisms and in the food chain (log Pow 0.28).

12.4. Mobility in soil: highly volatile substance - in case of release to the environment, it quickly spreads in the atmospheric air, from soil and water it easily enters the air.

12.5. Results of PBT and vPvB assessment: the substance does not meet the PBT or vPvB criteria in accordance with Annex XIII of the REACH Regulation.

12.6. Endocrine disrupting properties: the substance is not deemed as substance with endocrine-disrupting properties.

12.7. Other adverse effects: the substance is not classified as hazardous to the ozone layer.



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SECTION 13: Disposal considerations

13.1. Waste treatment methods

Disposal methods for the product:

Dispose of in accordance with applicable regulations. The substance disperses in the atmosphere, no waste is generated when handling helium.

Disposal methods for used packing:

Recovery, recycling or liquidation of packaging waste generated in the field of professional activity should be carried out in accordance with applicable regulations. Disposal of transport containers or other contaminated tanks and devices should be carried out by authorized persons, in a manner that does not pose any threat to the environment.

Legal basis: Directive 2008/98/EC, 94/62/EC.

The waste code should be assigned at the place of its production.

Suggested waste code:

16 05 05 gases in pressure containers other than those mentioned in 16 05 04 (group 16, subgroup 16 05 - gases in pressure containers and discarded chemicals).

SECTION 14: Transport information

14.1. Numer UN lub numer identyfikacyjny ID: UN 1046

14.2. UN proper shipping name: HELIUM, COMPRESSED

14.3. Transport hazard class(es): 2 (classification code 1A, hazard no. 20, label 2.2)



14.4. Packing group: not applicable

14.5. Environmental hazards: the goods do not pose a threat to the environment in accordance with the transport regulations.

14.6. Special precautions for user: do not expose the containers to action of high temperatures.

14.7. Sea transport in bulk in accordance with IMO instruments: not applicable

SECTION 15: Regulatory information

15.1. Safety, health and environmental regulations/legislation specific for the substance or mixture

Regulation (EC) No 1907/2006 of the European Parliament and of the Council of 18 December 2006 concerning the Registration, Evaluation, Authorization and Restriction of Chemicals (REACH), establishing a European Chemicals Agency, amending Directive 1999/45/EC and repealing Council Regulation (EEC) No 793/93 and Commission Regulation (EC) No 1488/94 as well as Council Directive 76/769/EEC and Commission Directives 91/155/EEC, 93/67/EEC, 93/105/EC and 2000/21/EC as amended.

Regulation (EC) No 1272/2008 of the European Parliament and of the Council of 16 December 2008 on classification, labelling and packaging of substances and mixtures, amending and repealing Directives 67/548/EEC and 1999/45/EC, and amending Regulation (EC) No 1907/2006 as amended.

Directive 2008/98/EC of the European Parliament and of the Council of 19 November 2008 on waste and repealing certain Directives as amended.

European Parliament and Council Directive 94/62/EC of 20 December 1994 on packaging and packaging waste as amended.

Commission Directive 2000/39/EC of 8 June 2000 establishing a first list of indicative occupational exposure limit values in implementation of Council Directive 98/24/EC on the protection of the health and safety of workers from the risks related to chemical agents at work.

Commission Directive 2006/15/EC of 7 February 2006 establishing a second list of indicative occupational exposure limit values in implementation of Council Directive 98/24/EC and amending Directives 91/322/EEC and 2000/39/EC.

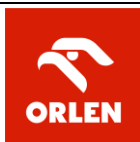
Commission Directive 2009/161/EU of 17 December 2009 establishing a third list of indicative occupational exposure limit values in implementation of Council Directive 98/24/EC and amending Commission Directive 2000/39/EC.

Commission Directive 2017/164/EU of 31 January 2017 establishing a fourth list of indicative occupational exposure limit values pursuant to Council Directive 98/24/EC, and amending Commission Directives 91/322/EEC, 2000/39/EC and 2009/161/EU.

Regulation (EU) No 2016/425 of the European Parliament and of the Council of 9 March 2016 on personal protective equipment and repealing Council Directive 89/686/EEC.

Commission Directive 2019/1831/EU of 24 October 2019 establishing a fifth list of indicative occupational exposure limit values pursuant to Council Directive 98/24/EC and amending Commission Directive 2000/39/EC.

Commission Regulation (EU) 2020/878 of 18 June 2020 amending Annex II to Regulation (EC) No 1907/2006 of the European Parliament and of the Council concerning the Registration, Evaluation, Authorisation and Restriction of Chemicals (REACH).



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SECTION 15: Regulatory information

The product components are not on the REACH candidate list.

15.2. Chemical safety assessment

No chemical safety assessment - substance exempt from registration.

SECTION 16: Other information

Full text of H-phrases from section 2 of this sheet

H280 Contains gas under pressure; may explode if heated.

Clarification of abbreviations and acronyms

Log Pow log of the octanol-water partition coefficient

Press. Gas Pressurised gas

Necessary training

Before starting work with the product, the user should learn the health and safety rules and regulations regarding handling with chemicals, and in particular, undergo appropriate on-the-job training.

Persons involved in the transport of hazardous materials, in accordance with the ADR agreement, should be properly trained in the scope of performed duties (general, workplace and safety training).

References to key literature and data sources

The data sheet was developed on the basis of the MSDS for individual ingredients, literature data, internet databases (e.g. ECHA, TOXNET, COSING) as well as the possessed knowledge and experience, taking into account the currently applicable legal regulations.

Additional information

The card was updated by the company: ORLEN Spółka Akcyjna – Oddział Centralny Upstream Polska w Warszawie

Date of preparation: 22/12/2025

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Modifications:

Section 1: Contact details in subsection 1.3 have been updated due to the change of the company name to ORLEN Spółka Akcyjna – Oddział Upstream Polska w Odolanowie.

The card was updated by the company: ORLEN UPSTREAM POLSKA Spółka z o.o.

Date of preparation: 03/07/2023

Version: 1.2/EN

Modifications:

Section 1: Contact details in subsection 1.3 have been updated in connection with the separation of ORLEN UPSTREAM POLSKA from ORLEN S.A

Section 9: error correction.

The above information is based on the currently available data characterizing the product as well as the experience and knowledge of the manufacturer in this field. They do not constitute a quality description of the product or a promise of specific properties. They should be treated as an aid for safe handling in transport, storage and use of the product. This does not absolve the user from responsibility for the improper use of the above information and from compliance with all legal standards in this area.